DEPARTMENT OF THE ARMY



INSTALLATION MANAGEMENT AGENCY
HEADQUARTERS, US ARMY GARRISON, ALASKA AND FORT RICHARDSON (PROV)
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FORT RICHARDSON, ALASKA 99505-6000

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MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Bicycle Operations on Fort Richardson (Policy # 07-02)

- 1. The purpose of this memorandum is to establish policy and procedures for the safe operation of bicycles on Fort Richardson. This policy is applicable to any and all military or civilian personnel including family members when riding a bicycle on Fort Richardson, as either the operator or passenger.
- 2. Bicycles offer an inexpensive source of exercise and recreation, as well as a clean inexpensive means of transportation. However, bicycle riding can be dangerous if not done properly. In an endeavor to ensure safe bicycle operations on Fort Richardson, the following policies and procedures are established:
 - a. Individual protective clothing and equipment requirements.
- (1) Bicycle riders will wear a bicycle safety helmet that has been approved by either the Department of Transportation (DOT), Snell Memorial Foundation or the American National Standard Institute (ANSI).
- (2) Whenever a bicycle is being ridden on a road, street or other thoroughfare a brightly colored "reflective" vest must be worn. The vest must be worn on the upper portion of body at all times and will not be obstructed from view (front or rear) by an outer garment, backpack, etc.
- (3) Although not required, bicycle riders are highly encouraged to wear brightly colored clothing, sturdy footwear, full length trousers/pants, long sleeve shirt or jacket, eye protection, and cycling gloves.
 - b. Bicycle safety equipment requirements.
- (1) Bicycles ridden at night or during periods of limited/restricted visibility will be equipped with a headlight affixed to the front of the bicycle and a red taillight or red reflector affixed to the rear of the bicycle. The headlight and taillight/reflector must be visible from a distance of 500 feet to the front and rear. Additionally, each bike will have front and rear pedal reflectors and side rim or wheel reflectors.

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- (2) Each bicycle will be equipped with an audible device (bell or similar device) capable of giving a signal audible for a distance of at least 100 feet. (No sirens or whistles.)
- (3) Each bicycle will be equipped with a standard designed bicycle seat attached to the bicycle. The operator must remain astride the seat at all times, while the bike is in operation. The practice of individuals riding on handlebars, carrying racks and center bars is prohibited.
- (4) Small children and infants will only be carried in a passenger seat or trailer designed for this purpose and within individual weight and height limitations
 - (5) No bicycle will be operated without an operable braking system.
- (6) During periods when snow and/or ice is present on the post roads, streets and thoroughfares, bicycles must be fitted with studded/spiked tires, front and rear. Mixing of tires is not authorized!
- (7) Rear view mirrors are not required, but are highly recommended. Should you choose to use a rear view mirror the recommended minimum should be at least one mirror mounted on the left side (traffic side) of the handlebar.
 - c. Rules of the road, safe riding practices.
- (1) All bicyclists must comply with all installation and state traffic laws while operating a bicycle on any military installation or property. This includes obeying the instructions of official control devices applicable to vehicles and/or pedestrians.
- (2) All bicycles must be ridden as near as possible to the right edge of the roadway or trail as practicable. Riders must exercise due care when passing other vehicles, bicycles or pedestrians.
- (3) Persons riding a bicycle on a sidewalk or recreational trail must yield to pedestrians. Persons riding bicycles may not ride more than two abreast and will not impede the normal traffic flow.
- (4) When on roads or streets, bicyclists must give appropriate hand and arm signals when changing lanes, turning or stopping. When making left hand turns, use the applicable left turn lane; upon completion of turn, safely return to extreme right side of road.
 - (5) All bicycles must be secured when parked or left unattended

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- d. Prohibited practices.
- (1) The use of headphones, earphones, cell phones or similar devices is prohibited while riding a bicycle.
- (2) Persons riding a bicycle may not attach themselves or their bicycle to any other vehicle or bicycle.
- (3) No bicycle may be parked or otherwise left unattended in any manner that interferes with the normal flow of traffic or vehicle parking. Also, no bicycle may be parked or left unattended in any manner that would block a designated pedestrian crosswalk or impede pedestrian movement.
- 3. The provisions of this policy are intended for the safety of all bicycle operators and their passengers. For additional information or guidance pertaining to bicycling on Fort Richardson or the within the Anchorage area, you may visit the Fort Richardson Garrison Safety website at http://www.usarak.army.mil/Garrison_Safety/.
- 4. The primary points of contact for this memorandum are Mr. David Larose, Fort Richardson Garrison Safety Officer, 384-2382 or Mr. Randall Johnson, Fort Richardson Safety Specialist, 384-2383.

COL, MP Commanding

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